

THE 13TH ANNUAL

GSA

FORUM



Rise up! i Levantense!

A CONFERENCE FOR
LGBTQ+ YOUTH,
ALLIES, ADVISORS
& SUPPORTERS.

NOV.19th
2016

PERTH AMBOY HIGH SCHOOL

GLSEN
CENTRAL
NEW JERSEY

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Dr. Margaret Nichols
Founder and Executive Director

Dear Friends,

Welcome to the Thirteenth Annual New Jersey GSA Forum sponsored by HiTOPS and GLSEN Central New Jersey! We are so glad you are here. Today is a day for celebration of our theme **Rise up! ¡Levántense!** as you join LGBTQ+ youth from diverse backgrounds. We welcome queer, questioning, and yet-to-be determined, the undefined and nonconforming, youth allies, advisors, and parents, working together to create a world that is safe for all orientations and gender identities.

This is your day to spend with those who accept you as you are. Take advantage of the enriching and challenging workshops, the opportunity to network and make new friends, meet our special guests, and explore lots of local, state, and national resources.

The NJ GSA Forum has traditionally been known as the Gay Straight Alliance Forum, but is addressing the need for broader inclusion by exploring names such as the Gender and Sexuality Alliance Forum and the Queer Straight Alliance Forum. We invite you to help us address this need. Be sure to respond on your evaluation form in your folder to the question about naming the Forum to add your voice to the possibilities for the future name of the Forum.

Much appreciation to Perth Amboy High School , their Teen Pep Program and Gay Straight Alliance, as well as their teachers and staff for their hard work and generosity in hosting this Forum.

To the planning committee members who have worked tirelessly to make this day happen, and to the presenters and volunteers who bring this forum to Life, thank you from the bottom of our hearts --- we couldn't do it without you.

And finally, thank you for sharing this day with us and for working to make the world a more welcoming place. You are helping to make history as we "Rise up!" together to be sure that everyone has safe and welcoming schools.

In a community of respect for all,

Daniel Fernandez
HiTOPS

Carol Watchler
GLSEN Central NJ



JOIN • ORGANIZE • ACT

GLSEN[®] VP
is a movement of
action-takers.

We are students, educators, parents, faith leaders, and community members who know that we can be effective when we work together, use our voices, and center the experiences of LGBTQ youth in policy change.

Join us in
creating change!

SIGN VP

to receive advocacy updates and action alerts. Be the first to know when we have the potential to make history.

glsen.org/glsenup

Celebrating Thirteen Years of History! HiTOPS & GLSEN Central NJ NJ GSA Forum

2004 The College of New Jersey

2005 West Windsor-Plainsboro HS, South

2006 South Brunswick HS

2007 Princeton HS

2008 Robbinsville HS

2009 Princeton Day School

2010 Rutgers University

Feb 2012 Long Branch HS

Nov 2012 West Windsor-Plainsboro HS, South

2013 South Brunswick HS

2014 Lenape HS

2015 Ocean Township HS

2016 Perth Amboy HS

Will your school be next? Please contact:

GLSEN CNJ, centralnj@chapters.glsen.org

or

HiTOPS, dfernandez@hitops.org

LGBTQ RESOURCES

Education and Advocacy

ACLU's Know Your Rights: LGBT High School Students

Provides legal information concerning harassment, privacy, freedom of speech, transgender and non-conforming students, Gay Straight Alliances (GSAs), prom, homecoming, and other school events. www.aclu.org and www.aclu-nj.org

Advocates for Youth

Resources for youth, parents and professionals concerning policy and advocacy for GLTBQ people.
<http://advocatesforyouth.org/topics-issues/glbqt>

Ambiente Joven

Un proyecto de advocates para jovenes y esta dedicada a la comunidad gay, lesbian, bisexual, y transgender joven Latina en E.E.U.U. y Latino America. www.ambientejoven.org

Amplify

Amplify is a project of Advocates for Youth. Advocates for Youth champions efforts to ehlp e young people make informed and responsible decisions about their reproductive and sexual health. Advocates believes it can best serve the field by boldly advocating for a more positive and realistic approach to adolescent sexual health. This website features blogs, campaigns, and a toolbox as resources for youth. www.amplify-ourvoice.org

African-American Office of Gay Concerns

A resource for the GLBTI community, focusing on HIV prevention, particularly for young men of color, as well as transgender and questioning youth. Located in downtown Newark. All are welcome, regardless of race or gender.

877 Broad St. Suite 211, Newark NJ. 973-639-0700. www.aaogc.org

American Civil Liberties Union

Working to make public schools safe and bias-free for LGBT students, defending their free speech in school, and working to help students start gay-straight alliance clubs. Several resources on students' rights in schools.

<https://www.aclu.org/lgbt-rights/lgbt-youth-schools>

The American Institute of Bisexuality

Organization focused on educating the general public about bisexuality. www.bisexual.org

ANSWER

Encourages sexuality to be understood, respected, valued, and celebrated through education and activism. Online sexual health resource for teens, by teens: www.sexetc.org & www.answer.rutgers.edu

Asexual Visibility and Education Network

AVEN is a supportive community of sexual people and our allies that seeks to create open, honest public dialogue about asexuality. www.asexuality.org

Bisexual Resource Center (BRC)

The BRC is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people. P.O. Box 170796, Boston, MA 02177; 617.424.9595; brc@biresource.net biresource.org

Gay-Straight Alliance (GSA) Network

GSA Network empowers young people to stand up against homophobia and transphobia in schools by supporting them in starting, strengthening, and sustaining GSAs. 1611 Telegraph Avenue, Suite 1002 Oakland, CA 94612 Phone: 415.552.4229 gsanetwork.org

Generation Q

Queer radio from New Brunswick with Pedro Serrano. Thursdays 10-11pm on WRSU-FM 88.7
<http://wrsu.rutgers.edu>

GLSEN - Gay Lesbian Straight Education Network

The Gay, Lesbian, Straight Education Network (GLSEN) strives to ensure that each member of every school community is valued and respected regardless of sexual orientation, gender expression or gender identity. Local GLSEN chapters provide programs for educators and students. www.glsen.org/centralnj and www.glsen.org/northernj with additional resources at www.glsen.org

HiTOPS

HiTOPS is a health education and advocacy organization dedicated to the health and wellbeing of adolescents. HiTOPS delivers education, training, and support to reduce health risks, promote healthy relationships and build supportive, inclusive environments. Offers educational programs for all, and support groups for adolescents and young adults. 609-683-5155 www.hitops.org

Lambda Legal

Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education, and public policy work. www.lambdalegal.org

National Center for Lesbian Rights Legal Information Line

This hotline provides basic information about laws that affect LGBT people, including family law, and about resources available for people who are facing discrimination or other civil rights issues. This line is available Monday through Friday 9 AM to 5 PM Pacific Time. 1.800.528.NCLR (6257)

NQAPIA (National Queer Asian Pacific Islander Alliance)

The National Queer Asian Pacific Islander Alliance (NQAPIA) is a federation of lesbian, gay, bisexual, and transgender (LGBT) Asian American, South Asian, Southeast Asian, and Pacific Islander (AAPI) organizations. We seek to build the organizational capacity of local LGBT AAPI groups, develop leadership, promote visibility, educate our community, enhance grassroots organizing, expand collaborations, and challenge homophobia and racism. www.nqapia.org

NBJC (National Black Justice Coalition)

The National Black Justice Coalition (NBJS) is a civil rights organization dedicated to empowering Black lesbian, gay, bisexual and transgender (LGBT) people. NBJS's mission is to end racism and homophobia. As America's leading national Black LGBT civil rights organization focused on federal public policy, NBJS has accepted the charge to lead Black families in strengthening the bonds and bridging the gaps between the movements for racial justice and LGBT equality. www.nbjc.org

PFLAG

Provides support and educational materials for gay, lesbian, bisexual, transgender, queer and questioning individuals, allies, and their families. Many New Jersey chapters can be found at www.pflag.org

Safe Schools Coalition

Extensive, up to date resources for making schools safer for all. Includes websites, research, classroom activities, and lots more. www.safeschoolscoalition.org

LGBTQ Youth Groups and Resource Centers in NJ

Add your group to this list at <http://bit.ly/NJlgbtGroups>

Bergen PFLAG - Rainbow Café Teaneck

Ages 12-19

St. Mark's Episcopal Church, 186 Chadwick Rd, Teaneck NJ

Contact: Jean Boranian, 201-357-5655, bergenpflag@gmail.com

Garden State Equality – Youth Caucus

Contact: 201-963-4779 x118

Hetrick-Martin Institute

<https://www.hmi.org/>

New York: 2 Astor Place, New York, NY 10003; 212-674-2400

New Jersey: 550 Broad St., Suite 610, Newark, NJ 07102; 973-722-5060

HiTOPS First & Third - Now in our 19th year!

1st and 3rd Saturdays, 1:00-3:00pm

HiTOPS, 21 Wiggins St., Princeton, NJ; www.hitops.org

Contact: Daniel Fernandez, 609-683-5155 x234, dfernandez@hitops.org

Hudson Pride Connections Center - LGBT YouthConnect Program

Fridays, 3-8pm; dinner and snacks provided

32 Jones Street, Jersey City NJ

Contact: Stephanie Mills, stephanie@hudsonpride.org, 201-963-4779 x118

Kaleidoscope - LGBT Youth Group

3rd Saturdays, 1-3pm; youth age 15-19

The Spot Teen Center (2nd floor, near Boscov's)

2120 Voorhees Town Center, Voorhees Township, NJ

<http://www.centerffs.org/kaleidoscope-teens-along-spectrum>

Contact: Kristen Tahaney, 1-800-255-4213, kaleidoscope@centerffs.org

Newark LGBTQ Community Center - True Colors Drop-In

Every Thursday 4-8pm, for LGBTQIA and allies, youth and young adults

Newark LGBTQ Community Center, 11 Halsey Street, Newark, NJ

Students interested should email: info@gardenstateequality.org

Pride Center of New Jersey - Youth Drop In

2nd & 4th Saturdays, 1-4pm (support group session 2-3pm)

85 Raritan Ave., Suite 100, Highland Park, NJ

For LGBTQIA youth and allies 17 and under

Contact: Ellen, ellengilioesq@aol.com, 973-342-1108

Pride Center of New Jersey - Under the Rainbow

2nd & 4th Thursdays, 7-9pm, for LGBTQIA people ages 18-25

85 Raritan Ave., Suite 100, Highland Park, NJ

Contact: Group Leader Joe at jmspulick@gmail.com or Samantha at nokestom@yahoo.com

QSpot, Jersey Shore LGBT Community Center - WAVE Youth

Fridays, 3-6pm, for all LGBT and questioning youth

QSpot LGBT Center, 66 South Main St., Suite 20B, Asbury Park, NJ

Contact: 732-455-3373, www.qspot.org

Toll-Free Hotlines & Chatlines For all LGBT Youth

2ndfloor

888-222-2228

www.2ndfloor.org

Fenway Health

LGBT Helpline (25+)

(617) 267-9001

Toll Free (888) 340-4528

GLBT National Help Center

1 (800) 246-7743 (25 and under)

1 (888) 843-4564 (youth and adult)

Trans Teens Online Talk Group

National Eating Disorder Association

(800) 931-2237 (8:30am - 4:30pm PST)

National STD & AIDS Hotline (24 hours)

(800) 227-8922

National Suicide Prevention Lifeline

1.800.273.8255

suicidepreventionhotline.org

Peer Listening Line (25 and under)

(617) 267-2535

Toll Free (800) 399-PEER (7337)

RAINN (Rape & Battery Hotline - 24 hours)
(800) 230-7526

Trans Lifeline
translifeline.org
US: (877) 565-8860
Canada: (877) 330-6366

Teenline
teenlineonline.org
(310) 855-4673
Toll Free (800) 852-8336 (6pm - 10pm PST)
Text TEEN to 839863 (5:30pm - 9:30 pm PST)

Trevor Project - Trevor Lifeline
Trevor Chat: (866) 488-7386
Trevor Text: Text word "Trevor" to 1 (202) 304-1200

Social Media and Online Groups

BiNet USA - www.facebook.com/groups/binetusa & www.binetusa.org

It Gets Better Project - www.itgetsbetter.org - You are not alone, and it will get better. Record your own "It Gets Better" video and submit it!

SMYAL's SafeSpace - www.symal.org/safespace.php - A discussion board for LGBTQ youth and allies, ages 13-21, to discuss what's on their mind.

TrevorSpace - www.trevorspace.org - Social networking site for LGBTQ youth ages 13-24, friends and allies.

Transgender Specific Resources

Education and Advocacy

ACLU's Know Your Rights: Transgender People and the Law

Provides legal information about document changes, employer issues, bathrooms, and more. <https://www.aclu.org/translaw>

Advocates for Youth Project

"I Think I Might Be Transgender... Now What Do I Do?"

<http://www.advocatesforyouth.org/storage/advfy/documents/transgender.pdf>

FTM International

This is a worldwide female-to-male trans community support. This site is the internet contact point for the largest, longest-running educational organization serving FTM transgender people and transsexual men. Provides information, newsletters, publications, and support from volunteers who are willing to help if you need someone to talk to. www.ftmi.org

GALAEI

A queer Latin@ social justice organization founded in 1989 to respond to the lack of support and resources for our community during the HIV epidemic. GALAEI embodies the histories of both the queer and Latin@ communities and maintains a strong commitment to being a community based organization dedicated to serving Latinidad through leadership and economic development, sexual empowerment, and grassroots organizing. www.Galaei.org 149 W. Susquehanna Ave, Philadelphia PA 19122 (267) 457-3912

Gender Spectrum

Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens. www.genderspectrum.org

Gendertalk

The leading radio program advocating for transgender rights and dignity, while also exploring related issues that affect us all, like gender, sex, race, class, and more. www.gendertalk.com

GLSEN, The Gay, Lesbian and Straight Education Network

Extensive resources for students and educators including Model District Policy on Transgender and Gender Nonconforming Students. <http://www.glsen.org/article/trans-and-gender-nonconforming-student-resources>.

Mermaids

Family and individual support for teenagers and children with gender identity issues.

<http://www.mermaidsuk.org.uk/>

National Center for Transgender Equality

Social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment. Offers info about rights of transgender students in schools.

www.transequality.org

PFLAG's Transgender Network (T-NET)

Our Trans Children and *Welcoming Our Trans Family and Friends*, publications of the Transgender Network of PFLAG. Good resources to give to struggling parents or family members.

<http://community.pflag.org/Document.Doc?id=189>

<http://community.pflag.org/Document.Doc?id=202>

Philadelphia Trans Health Conference

A program of the Mazzone Center—the focus of this unique three day conference is promoting transgender health and wellness in mind, body, spirit, and community. PTHC recognizes all aspects of well-being; including health, safety, education, employment, housing, and social support.

www.trans-health.org

Sylvia Riviera Law Project

The Sylvia Riviera Law Project works to protect the right of gender self-expression and works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence. www.srlp.org

Transgender Law Center

Transgender Law Center works to change law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression.

www.transgenderlawcenter.org

TransFaith Online

TransFaith is a national non-profit that led by transgender people and focused on issues of faith and spirituality. They work closely with many allied organizations, secular, spiritual, and religious, transgender-led and otherwise. www.transfaithonline.org

Trans Youth Equality

The Trans Youth Equality Foundation provides education, advocacy and support for transgender and gender non-conforming children and youth and their families. Check out their Rosetta Stone, a translation guide for adults with transgender children.

www.transyouthequality.org

<http://www.transyouthequality.org/trans101.html>

Transgender Youth Groups in NJ

Add your group to this list at <http://bit.ly/NJlgbtGroups>

Garden State Equality - North Jersey Transgender, Gender Non-Conforming and Questioning Youth Group

2nd Thursdays, 5:30-7pm; Ages 13-20

Garden State Equality Headquarters, 40 South Fullerton Ave., Montclair, NJ. Contact: info@gardenstateequality.org; www.gardenstateequality.org

Gender Spectrums Support Network

First and Third Transtime Social Group

1st & 3rd Wednesdays, 7-9pm, for youth of all ages

At Project R.E.A.L.

805 4th Ave., Asbury Park, NJ

www.GenderSpectrumsSupportNetwork.org

Contact: Margo Saltzman 732-531-4290

GenderSpectrumsNetwork@gmail.com

<https://www.facebook.com/GenderSpectrumsSupportNetwork>

Gender Spectrums Support Network - Church House of the Presbyterian Church

4th Wednesdays, 7-9pm

352 Sycamore Ave., Shrewsbury, NJ

For trans* folks and allies of all ages

www.GenderSpectrumsSupportNetwork.org

Contact: Margo Saltzman 732-531-4290

GenderSpectrumsNetwork@gmail.com

<https://www.facebook.com/GenderSpectrumsSupportNetwork>

HiTOPS - Trans Youth Group

1st & 3rd Saturdays, 3:30-5:00pm

HiTOPS, 21 Wiggins St., Princeton, NJ

Age range 12-20, www.hitops.org

Contact: Corrine O'Hara, 609-683-5155 x217, corrine@hitops.org

Hudson Pride - TransView

Every Tuesday, 6-8:30pm; Age range 13-20

32 Jones St., Jersey City, NJ

All trans allies are welcome on the last Tuesday of every month

www.hudsonpride.org

Contact: Kimberly Adams, 201-963-4779 x116, kim@hudsonpride.org

Transgender Support Group

Free drop-in group for ages 18-26; meeting dates and times TBA

133 Franklin Corner Road, second floor, Lawrenceville, NJ

Contact: Tracey Post, LCSW, 609-375-8727

Pride Center of New Jersey - TrueSelves

3rd Sundays, 4-6pm; Recommended for trans individuals 18+
The Pride Center, 321 Raritan Ave., Highland Park, NJ
Contact: Samantha Nokes, noksammie@gmail.com, or Pride Center,
732-846-2232; www.pridecenter.org/groups

Pathways - Transgender Support Group

2nd Saturdays, 7-11pm in Bergen County, NJ
Contact: sunnimoss@verizon.net to join the group; www.pathwaystg.org

Parent and Family Groups

Bergen County PFLAG

www.bergenpflag.org

PFLAG Collingswood

Collingswood Community Center, 30 W. Collings Ave. Collingswood, NJ
Contact: Dr. Lee Ann Etscovitz, leannetscovitz@me.com

PFLAG Jersey Shore

www.jerseyshorepflag.org

PFLAG Princeton

www.pflagprinceton.org



LGBTQIA+ Starter Library

Curated by Dahlia Adler,

Author of *UNDER THE LIGHTS* and founder of LGBTQReads

Lesbian

Girl Mans Up by M-E Girard

A butch lesbian named Pen struggles to make others—including her Portuguese immigrant parents—understand her gender identity, though it doesn't stop her from falling in love.

Georgia Peaches and Other Forbidden Fruit by Jaye Robin Brown

Jo's been happily out and proud in Atlanta, but when her radio preacher father moves them to a smaller town, going back in the closet to make him and her new stepmother happy for her final year of high school may ruin her new relationship with a girl whose tired of keeping her heart a secret.

Of Fire and Stars by Audrey Coulthurst

Denna is prepared to do her duty by marrying the prince of Mynaria, as she's been fated to do since childhood, but the more time she spends with her future sister-in-law, the more she realizes her heart lies elsewhere. (also Bisexual)

As I Descended by Robin Talley

There's plenty of toil and trouble in this paranormal boarding school-set retelling of *Macbeth*, complete with ghosts, a queer-girl power couple who'll do anything to stay together after high school, and a whole lot of consequences for ambition. (also Bisexual and Gay)

Gay

We Are the Ants by Shaun David Hutchinson

Henry's alien abduction gives him the power to end the world if he so chooses, and with his family in distress and his boyfriend having committed suicide a year earlier, he's having a hard time coming up with reasons not to press the button.

Highly Illogical Behavior by John Corey Whaley

Solomon's agoraphobia prevents him from leaving the house, which makes him the perfect test subject for a girl struggling to find a way to stand out in her college applications. But the unexpected bond that forms between them—and Lisa's boyfriend—throws them all off course, for better and for worse.

Last Seen Leaving by Caleb Roehrig

Flynn's girlfriend is missing, and while he obviously wants her to be found, answering the questions that'll help make that happen will reveal truths about their relationship and his sexuality that he's not yet ready to face.

Bisexual

Whatever. by SJ Goslee

Mike's having a pretty chill year with his band and girlfriend and whatever, but when Lisa dumps him under the suspicion he's gay, it turns his world upside down. Especially when he learns that her evidence includes finding him having drunkenly made out with a guy. And especially when he finds himself falling for another one.

Not Your Sidekick by CB Lee

It's hard being the powerless daughter of two superheroes, but Jess Tran has found a way to deal with it: by interning for a supervillain, and getting closer to her crush, Abby, in the process.

A Darkly Beating Heart by Lindsay Smith

Sending her to her relatives in Japan was supposed to help quell Reiko's anger at her ex-girlfriend's betrayal, but when she winds up getting caught between her present and another scorned girl's past, it only fans the flames of her thirst for revenge.

Transgender

If I Was Your Girl by Meredith Russo

Amanda fits seamlessly into her new school, instantly making cool friends and, despite her determination not to get involved with a guy, a great boyfriend. But every day is a balancing act, since she knows she stands to lose it all in a heartbeat if they find out she was assigned male at birth.

When the Moon Was Ours by Anna-Marie McLemore

Miel and Samir fall deeply in love amid a magical realism world of roses and pumpkins, but their romance is threatened by a group of sisters desperate for the power they believe Miel wields—desperate enough to use the secret of Samir’s being transgender against him to get what they want. (also Bisexual)

Symptoms of Being Human by Jeff Garvin

As the child of a congressman, Riley can’t talk much about being genderfluid IRL, but the internet is another story. There, Riley’s anonymous blog gathers a massive following of people learning and sharing about gender identity. But Riley’s identity is discovered, forcing a choice between the lifeline the blog has become and a secret that may cost everything.

Asexual

This Song is (Not) For You by Laura Nowlin

Ramona and Sam are best friends and bandmates...and secretly in love with each other. But they don’t realize something’s missing from their relationship until they meet Tom, a fellow music lover who’s thrilled to join the band, and to connect with new people after his realization that he’s asexual crumbled his last relationship.

Pansexual

Seven Ways We Lie by Riley Redgate

Seven perspectives (each representing one of the deadly sins) take turns revolving around their roles in a school scandal, one of whom belongs to Lucas, a pansexual boy with an emotional need for all kinds of connection. (also Asexual)

AGENDA

- 9:00 – 9:30** Registration; Breakfast, Workshop Sign Up, (workshops listed on lavender pages), Resource Tables
- 9:30 – 9:40** Welcome and moment of silent remembering
- 9:40 - 9:55** Icebreaker getting to know your tablemates
- 9:55 – 10:15** Housekeeping details and opening performance
- 10:25 – 11:35** Workshop Session 1
- 11:40 – 12:50** Workshop Session 2
- 12:55 – 1:30** Lunch, Resource Tables, Networking, Songwriting Presentation
- 1:30 – 1:40** Special Guests, GSA Gift Basket Awarded
- 1:45 – 2:15** Keynote: Sonia Guiñansaca
- 2:20 – 3:30** Workshop Session 3
- 3:35 – 4:00** Grand Finale – Youth Presentation, Closing Remarks, Evaluations Collected, Raffle Basket Awarded

SIGNING UP FOR WORKSHOPS

Workshop titles and descriptions will be on the lavender pages of the Forum booklet. At this time they are listed here in groups for session 1, Session 2, and Session 3. Please choose one workshop in each session and sign up at the tables marked WORKSHOPS. If you need help or want to talk about what to sign up for, ask any volunteer. For student groups that are attending together, you are encouraged to spread out and attend different workshops so that you will be able to bring as much as possible of the inspiration and information from this day back to your home space.

TAKING PHOTOS

In order to protect the confidentiality of those who may not feel safe outside of this space, we ask that you do not take photos of other people in workshops and other group gathering spaces. Be mindful of the backgrounds in your selfies and always ask for consent to photograph others. Persons who have agreed to be available for photographs will have a green dot on their nametag.

EVALUATIONS

We need your feedback! What worked/didn't work about today's event? Please complete and return an evaluation at the end of each workshop and at the end of the day to the workshop monitor.

Session #1 (10:25 am to 11:35 am)

A) **We've been here: Improving Your Allyship for Non-binary Latinx (109)

Arlene B. Gamio Cuervo

Come get your allyship on! This workshop is a beginner-level introduction to gender inclusive language within the Latinx community through a social justice lens. At the conclusion of this workshop, participants will be able to pronounce and define terminology related to Latinx non-binary identity, identify the history and importance of each term, and set goals to improve their allyship to the non-binary/transgender Latinx community.

B) Let's Write a Queer Friendly Song! (108)

Hayden Greyson

Drawing from our experiences in the queer community, we creatively brainstorm ideas to write a group queer friendly song from start to finish and then, YES, we perform it! The focus is on the expression of queer voices through truth, humor, social justice, emotional release or a combination thereof, in a song that can be rapped or sung in a variety of styles!

C) Sex Ed 201 for LGBTQ+ Youth (107)

Mindi Herman

This workshop caters towards LGBTQ+ youth and will discuss topics such as healthy sex and sexually transmitted infections along with significant information about the human anatomy.

D) Creating Safe Space and Living Authentically (106)

Jiselle Madison Parker

This workshop starts off with five minutes of guided meditation and leads into a personal, in-depth conversation about navigating school, home and social life. Through community building exercises, we will build connections among the participants as well as establishing greater individuality for everyone. This is a great workshop for anyone who is looking to build more self-confidence and self-esteem through talking about trust, vulnerability and faith - the three principles necessary for creating safe space.

E) Sexuality & Social Media (105)

Sally Manneh

This workshop focuses on how social networking impacts sexuality, relationships, body image, gender stereotypes and perceptions about sexual behavior.

F) Coping with Bullying: Finding Your Power (104)

Elian Rubin

We're told that bullying is a terrible thing and has to be stopped. Unfortunately, the emphasis on stopping bullying doesn't stop its effects on the person being bullied. To be prepared for life, in addition to working to stop bullying, kids must learn to live and cope with it. The ideas we will explore will help us shrug off bullying and decentralize it.

G) Radical Narratives: Change Your Body's Story (103)

Kelli Dunham

It's not always easy as LGBTQ+ and gender-nonconforming people to have loving relationships with our bodies. Change Your Body's Story is a writing workshop designed to help us consider another narrative for the stories we hold in and about our bodies. Using storytelling prompts and careful pacing, we'll write, share and hold our collective stories and consider the possibility of different endings.

H) Find Your Allies, Take Your Power, (2 Session Workshop) (102)

Rich Wilson, Stefani Hite

When you are in a school, how do you find like-minded individuals and then come together in a way that can harness your power to make change? This is the key question to be explored in a two hour world cafe style hosted conversation. Come ready to share and learn from others, because the answers are in the wisdom and knowledge found in those participating in the conversation.

I) ABC's of Zen: Meditation as Loving Kindness Across the Gender Spectrum (Café)

John Marron

This workshop will teach the basics of meditation: breathing, posture, soft eyes & belly, half smile, learning to let go of negative thoughts, creating safe spaces to practice, cultivating a heart of wisdom, community service, & tips for staying in the here & now with quality attention.

J) ** Somos Latinx (110A)

Daniel Fernandez and panelists:Walter Saravia, Zeena Hazuri, Nathan Rodriguez, Davida Sjtm Alexandra Barillas

A panel comprised of Latinx (Latino./a queer leaders from various age groups, addressing important issues facing the Latinx community still today. Topics include the following: What is Latinx, intersectionality, complexities of being Latinx and LGBTQ, Brown Lives Movement, machismo, language, higher education, migration, citizenship, breaking stereotypes, Somos Orlando campaign, colorism, and more, Latinx and QPOC audience participation strongly encouraged

Session Two (11:40 am to 12:50 pm)

K) In or OUT, Parent, Child or Educator...PFLAG Can Help (105)

Abby Maisonave

Imagine a place that is without judgment... Everyone understands what you are feeling, and you can get answers to all of your questions. Anxiety, fear, worries, and shame can disappear. This place exists... and it is called PFLAG. As the nation's largest family and ally organization, we provide monthly support group meetings for the LGBTQ community and their families and friends. Join us to see what PFLAG can do for you!

L) Queer Body, Proud Body (103)

Dr. Heidi Dalzell

Body and identity are intimately connected. Societal messages about ideal bodies often give us ideas about how we "should" be. This experiential workshop will allow you to better understand body image and to explore and enhance your sense of who you are.

M) LGBTQ & PoC (104)

Tyree Oredein

There are definitely challenges when you identify as a member of the LGBTQ+ community. There also are challenges when you identify as a person of color. What happens, when you identify as both? This workshop will focus on issues facing people of color who also identify as LGBTQ+.

N) **Poetry as Radical Healing (101)

Arlene B. Gamio Cuervo

This workshop will focus on the following objectives: (1) diversifying our image of poetry to include LGBT+ folks, especially queer and/or trans people of color, (2) learning writing techniques to combat writer's block, (3) covering names of popular poets who identify as LGBTQIA+, and (4) discovering how to feel through trauma/pain through poetry.

O) INSPIRE: Writing to Move People (Café)

Pandora Scooter

INSPIRE: Writing to Move People is a spoken word workshop designed to help participants write engaging, compelling, passionate performance poetry to be performed in front of the entire assembly at the end of the day. The theme of the writing exercise will be RISE UP! and what that means to you!

P) OMG The Future is Almost Here! (100)

Seth Rainess, MS

Are you a high school student and anxious about your future once you graduate? Let's talk about turning failure into success while also finding your purpose in life. Learn the essential tools needed to help you make the right decisions for yourself which will guide you into feeling secure about what, who and where you want to be.

Q) **Taking Charge of Your Health: A Guide to Navigating Transgender Healthcare (106)

Nathan Rodriguez

This will be a highly informative breakdown of how to navigate the too-often confusing healthcare system in relation to Trans-specific health needs. We will go over everything from choosing the right doctor/surgeon, to talking to your insurance carrier, to enhance your healthcare experience and help you take care of yourself!

R) Break The Silence: HIV/AIDS Prevention (109)

Susan Lembo and HiTOPS Teen Council

After over 30 years, there is still no cure. Yet, HIV education has decreased in the U.S., and myths such as "only gay people get HIV" persist. This interactive youth-led workshop uses skits and small group activities to explore the magnitude of the HIV/AIDS epidemic. Come discover how HIV is transmitted, identify high risk behaviors, and learn risk reduction skills including abstinence, protection and barriers, negotiation and refusal techniques."

S) Makeup 101 For Everyone (110)

Z Murphy

Are you a boy that wants to wear makeup? A girl? A transboy, a trans girl? A wannabe drag queen? A genderfluid adventurer? Come on down to Z's makeup workshop for tips and conversation about the basics, and the importance of accepting yourself with and without make-up.

T) Smash the Bi/Pan Phobia – The Truth is Out (111)

Laura Fenster-Rothschild

Do you identify as Bisexual or Pansexual? Have you experienced some kind of bias in the LGBTQ because of that identification? Have you noticed the "jokes" about Bi/Pan folks being "greedy" or "on the fence?" In this workshop we'll hear from Bi/Pan folks and discuss how to dispel these unfavorable biases.

U) Making a Spiritual Path & Being LGBTQIAP+ (115)

John Marron and panelists: Michelle McKenzie Creech, Tina Mummela, Tedford J Taylor, Louise Walpin (TBD) and Marsha Shapiro (TBD)

Whether you are Muslim, Jewish, Christian, Hindu, Buddhist, Atheist, Agnostic, Tribal, or None, being LGBTQIA is a blessing but a challenge in making a spiritual path that works for you, especially in a conservative faith-based family and community. This interactive workshop will explore your questions and provide resources to form effective responses to challenges based on faith and being LGBTQIA

V) Check Yo'self (110A)

Melanie Passignajen-Pormentilla and Alex Akins

Participants will use this opportunity to learn about the distinction of privilege between various social groups including members of the heterosexual and queer community. The idea is to get real, get uncomfortable, and recognize what others may be facing in their daily lives! This workshop will also focus on the concept of intersectionality and draw attention as to how different facets of one's identity can impact the experience of an individual as a whole.

Session #3 (2:20 pm to 3:30 pm)

W) GLSEN Days of Action (110A)

Alexandra Lawrence and student leader (TBA)

Check out the Gay, Lesbian, Straight, Education Network (GLSEN) National Days of Action that happen throughout the school year: Ally Week, Transgender Day of Remembrance, MLK Organizing Weekend, No Name-Calling Week, Day of Silence and others. Learn about resources for each Day of Action that will empower you to create more positive school climate.

X) LGBTQ Lit Story Time (101)

Megan McCafferty

Readers of all ages can find comfort in characters and stories that reflect or represent their own experiences. In this relaxing session led by HiTOPS volunteer and New York Times bestselling author Megan McCafferty, book-lovers will have an opportunity to “borrow” from our LGBTQIAP library and introduce themselves to the best of YA literature for and about queer youth. Quiet 10-minute browsing periods will be interspersed with read-alouds of select titles. Limited to 30.

Y) Generation Trans ((102)

Seth Rainess and panelists: Jamie DiNicola, Barbra Siperstein, Mason Khan, Julia Chen (TBD) Alix Canciello, Julian Radici

A panel comprised of transgender and gender non-binary queer leaders from various age groups, addressing important issues facing the transgender community still today. Topics will include: Trans history, what it means to transition, navigating coming out, resources, intersectionality, past, present and future movements, privilege, impact of social media, language, breaking stereotypes, bridging the gap between generations, and more. Transgender and non-binary audience participation strongly encouraged.

Z) The Real World (103)

Austin Morreale and panelists: Megan Picurro, Lily Sanchez Ruiz, Will Nunn, Antonio Fernandez

What's it like to be out in a professional setting? Do you announce you're queer at the Interview? On your first day? Do you put a picture of your loved ones on your desk for people to see? Come listen in as professionals in the workplace talk about what it's like to be out at work and answer your questions about the whole experience.

AA) Black Queer Lives Matter (Café)

Jon Priestler and panelists: Z Murphy, Alyssa Hargrove, Tyree Oredein, Gary Paul Wright, Jade Wynne

A panel comprised of Black, Black American, African American, Afro American LGBTQ+ leaders and allies from various age groups addressing important issues facing the community still today. Topics include: Black Queer history, intersectionality of race, sexual orientation, gender, Black Lives Matter movement, language, breaking stereotypes, privilege, Feminist Movement, racism in the Queer community and more. QPOC audience participation strongly encouraged.

BB) Breaking the Barriers of “T” in the workplace (109)

Jackie J. Baras

As the world continues to recognize the emerging issues of transgender individuals in the workplace, we have seen more companies and employers diversifying their spaces. In attempts to become more inclusive, companies have extended their policies to not only reduce the risk of lawsuits, but ultimately to protect their LGBTQ+ workers. This workshop will discuss ways in which transgender folks can break the many barriers set in their workplaces.

CC) Not Just the Birds & Bees: Sex Education for Young Gay/Bi Men (108)

Jonathan Ruberte / He/Him/His

“For youth, comprehensive sex education plays a critical role in promoting safer sex practices, and preventing pregnancy and sexually transmitted infections. LGBT youth disproportionately experience negative sexual-health outcomes compared to heterosexual youth. In particular, young gay and bisexual men are affected by HIV and STI’s at greater rates than their peers. Come learn how to be safe, have fun and stay clean!

DD) Sex Ed 201 for LBPD Cis Women (110)

Mindi Herman

This workshop is catered towards cisgender female health, and discuss topics such as healthy sex, and sexually transmitted infections and other significant information about the human sex system. This will be an in-depth exploration of sexual health for the cisgender female.

EE) Self-Care: Self Preservation Not Self Indulgence! (107)

Tracey Post

Life can be stressful. School, relationships and figuring out who we are take time, energy and self-awareness. Sometimes these characteristics are explored in our families, schools or external support groups but often they are ignored. This workshop will offer time and space to reflect upon your individual stress profile (what are your triggers, your positive and negative stress relievers) and to explore a variety of self-care techniques to add to your tool box.

FF) How to start a GSA or how to keep one going (100)

Sue Henderson, Laura Fenster-Rothschild

(This workshop is for all advisors and interested persons and will break into two groups for beginning advisors and those with experiences to share in a roundtable format.)

Are you interested in starting a GSA and/or keeping one going? Sue Henderson has lots of great ideas to start this conversation up and then participants will get to share their experiences in their GSAs and how they keep them dynamic and engaged with the student body. This is a great workshop for anyone thinking of being or who is an officer in their GSA.

GG) Legal Rights and Issues for LGBTQIA Students (105)

Paula Rodriguez Rust

This is an Interactive presentation/discussion of legal issues affecting LGBT youth in schools. Updates on any recent legal developments will be provided. This workshop will also include information about New Jersey Law Against Discrimination, Title IX, NJ law against conversion therapy, Anti-Bullying Bill of Rights, and more

HH) **Mindfulness and Self- Regulation (104)

Maria Santiago

This workshop will explain and will give the participants a chance to experience the practice of Mindfulness. Especially important is the scientific evidence supporting Mindfulness and the benefits for emotional self-regulation. Attendees will learn breathing techniques, some tools for what they can do when they start to get nervous and coping mechanisms and how to relate differently to stressors.

II) Rehearsal for Spoken Word (Gym)

Pandora Scooter

No sign up for this. — Chosen spoken word writers from the INSPIRE workshop will rehearse their spoken word piece in preparation for the presentation in front of the assembly after the third workshop session.



TeenPep, the GSA Club and School Based Youth Services of Perth Amboy High School would like to welcome everyone to the 13th Annual New Jersey GSA Forum Conference.

It is extremely important to us to be able to host this event in support of LGBTQ+ youth and their Allies and we feel honored to be a part of it.

Our hope for the day is to “Rise Up” in unity and to spread acceptance and awareness to all.

Bursting of photographs after trying to squeeze out old memories

By Sonia Guiñansaca

They don't tell you this when you migrate:

Old Polaroid's
Are never
Enough
You are left
Tracing the silhouette
Of your grandparents
Or what ever is left
Of them

How many years has it been,
5,10, or 20?
It's been 20
20

In those 20 years
You've been asked
To hide
Your accent
Sow your tongue
So that no more Rrrr's
Roll out
Straighten up
So that white Jesus
Accepts you
So that lawyers
Help you

Dig out the roots
Of your home
From underneath
Your nails
Cut your
Trenza

Pledge allegiance
To the flag
And when you cannot,
Each thread will cut
Through every inch
Of you
To teach you
That your kind

Was not meant
For this country

Dad told you
That they will measure
Your success
On how smart
You could be
You tried
To be smart

Books
After books
You chased
Vocabulary
For value
Legislation
To give you
Meaning

Yes, sir
I am a skilled worker

Yes, sir
I can contribute

No, sir
I haven't committed any crimes

Pinned
Against
One
Another

You remember
That your mother almost didn't make it
Through the border
Or any legislation

This time around
Again
She won't make it into
Health care packages
She won't be remembered
During press conferences

She will be dissected,
Researched, researched, researched
And research
About how much she doesn't belong
Will be published

They don't tell you this when you migrate

Keynote Speaker

Sonia Guiñansaca



Queer Migrant Feminist Poet, Cultural Organizer, and Activist. Sonia Guiñansaca is a VONA Alumni & Fellow poet who has performed at El Museo del Barrio, The Nuyorican Poets Cafe, NY Poetry Festival, Galleria de La Raza and featured on NBC, PBS, Latina Magazine, and Vogue to name a few. She has presented keynotes/workshops/panels at universities and conferences throughout the country, which include Columbia University, Yale University, and Cornell.

Currently, she is the Knowledge Lab & Operations Manager, and coordinator of Undocuwriting Project at Culture/Strike where she is leading national projects on racial and migrant justice, cultural equity, supporting artists of color, curating undocumenting.com, and editing the first undocumented anthology by and for undocumented writers.

Born in Ecuador, at the age of 5 she migrated to the United States to reunite with her parents in NY. In 2007, Guiñansaca came out publicly as an undocumented immigrant. She is the co-founder of some of the largest undocumented organizations in the country, coordinating and participating in groundbreaking civic actions in the immigrant rights movement. She has also founded some of the first creative artistic projects by and for undocumented writers/artists. She has emerged as a national leader in the migrant artistic and political communities. Guiñansaca's range of work reflects on: migration (specially her current identity shift from being undocumented to documented), climate justice, migrant rights, being a Queer Femme woman of color, and the role of artists in social movements. She is finishing up her first collection of poetry. Witness her work and happenings online on Twitter & Instagram @TheSoniaG.

**Perth Amboy Public School District
is pleased to welcome
the 13th Annual New Jersey
GSA Forum
to Perth Amboy High School**

Principal: Daisy Rodriguez

Vice principals: Althea Rogers-Baker

Yolanda Gomez. Matthew Ferri

District Health & PE Supervisor

and Athletic Director:

Nephtaly Cardona

Superintendent of schools:

Mr. David Roman

Perth Amboy board of Education



Perth Amboy
Public Schools

GLSEN Days of Action

Want to create a safe and welcoming climate in your school?

Check these resources.

Ally Week, www.glsen.org/allyweek -- Ally Week is a week for students to identify, support and celebrate Allies against anti-LGBT (lesbian, gay, bisexual and transgender) language, bullying and harassment in America's schools. Can be held at any time your school is ready. Nationally: last week in September

Day of Silence, www.glsen.org/dayofsilence --- The Day of Silence is a student-led national event that brings attention to anti-LGBT name-calling, bullying and harassment in schools. Students from middle school to college pledge to be silent in an effort to encourage schools and classmates to address the problem of anti-LGBT behavior by illustrating the silencing effect of bullying and harassment on LGBT students and those perceived to be LGBT. Can be scheduled to fit your school's calendar. Nationally: April 17, 2017

No Name Calling Week, www.glsen.org/nonamecallingweek --- No Name-Calling Week is an annual week of educational activities aimed at ending name-calling and celebrating kindness. It provides schools with the tools and inspiration to launch an on-going dialogue about ways to eliminate bullying in their communities. Schedule to fit your school's calendar. Nationally: Jan16-20, 2017

October is LGBT History Month. Curriculum resources for October and throughout the year: Unheard Voices, <http://glsen.org/unheardvoices.html> and History month icons and resources at Equality Forum, <http://lgbthistorymonth.com/>

<http://www.glsen.org/participate/programs/thinkb4youspeak> --- Think Before You Speak Say Something Original and pledge to be an ally to lesbian, gay, bisexual and transgender (LGBT) students. In becoming an ally, you promise not to use homophobic words and phrases – such as “that’s so gay” – and to educate others when you hear them being used.

Changing the Game, GLSEN Sports Project, <http://sports.glsen.org>

The GLSEN Sports Project's mission is to assist K-12 schools in creating and maintaining an athletic and physical education climate that is based on the core principles of respect, safety and equal access for all, regardless of sexual orientation or gender identity/expression.

GLSEN Central NJ SHINE Team –contact this group of youth leaders for ideas for empowering your Gay Straight Alliance or other school club or initiative. Join in the statewide online Student Leader Network, SLN, to share events and exchange ideas. Contact centralnj@chapters.glsen.org

For resources about all of the above Days of Action and GLSEN programs contact The Gay, Lesbian & Straight Education Network, www.glsen.org, and these local chapters:

GLSEN Central New Jersey
centralnj@chapters.glsen.org

GLSEN Northern New Jersey
northernnj@chapters.glsen.org

HiTOPS PROGRAMS

HiTOPS is a health education and advocacy organization that supports adolescents, schools, and parents. All of our programs are designed and updated to address current research and social changes. Our workshops meet with the NJ Core Curriculum Standards.

HiTOPS educational programs can be delivered by our trained adult health educators or by the HiTOPS Teen Council, using the peer education model.

Check out some of our programs below:
www.hitops.org 609.683.5155 x218

Youth: Health classes for middle and high school students:

- Cyberbullying
- Sexual Harassment
- Puberty
- Pregnancy Prevention
- HIV/AIDS/Sexually Transmitted Infections
- Dating Violence/Sexual Assault Prevention
- Appreciating Differences – LGBT education

Schools: Teacher and staff in-services

- Safe Schools – Helping Schools Improve School Culture
- Understanding & Addressing the Needs of Trans Youth
- The Teenage Brain
- Cyberbullying and Sexting
- Dating Violence
- Homophobia Reduction
- Sexual Harassment
- Body Image and Eating Disorders

Programs for Parents:

- Teens and Stress
- Raising Self-Esteem in Kids
- Sexuality and the Young Adolescent
- Talking with Your Child about Puberty
- Mother-Daughter Menstruation Workshop
- How to Talk with Your Kids about Sex

Atlantic Health System Salutes GLSEN Central New Jersey, HiTOPS and the 2016 13th Annual NJ GSA* Forum

Morristown Medical Center, Overlook Medical Center, Newton Medical Center, Chilton Medical Center and Goryeb Children's Hospital, all part of Atlantic Health System, have been recognized as "Leaders in LGBT Healthcare Equality," by the Human Rights Campaign (HRC) Foundation. We earned this designation for our commitment to equitable, inclusive care for lesbian, gay, bisexual and transgender patients and their families, who can face significant challenges in securing adequate health care.

The findings were part of HRC Foundation's Healthcare Equality Index 2015, a unique annual survey that encourages equal care for LGBT Americans, and recognizes health care institutions doing the best work.

Throughout Atlantic Health System, we recognize that an important part of providing the highest quality health care is to ensure that the experience is inclusive at all levels. This recognition reflects Atlantic Health System's role as a leader in promoting equality within our communities and we are honored to have been selected among health care facilities nationwide.



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be their true selves, they
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And take some Pandora Scooter home with you: Check out her table with t-shirts, CDs, bracelets, journals and more....

Russell Healy

MSW, LCSW

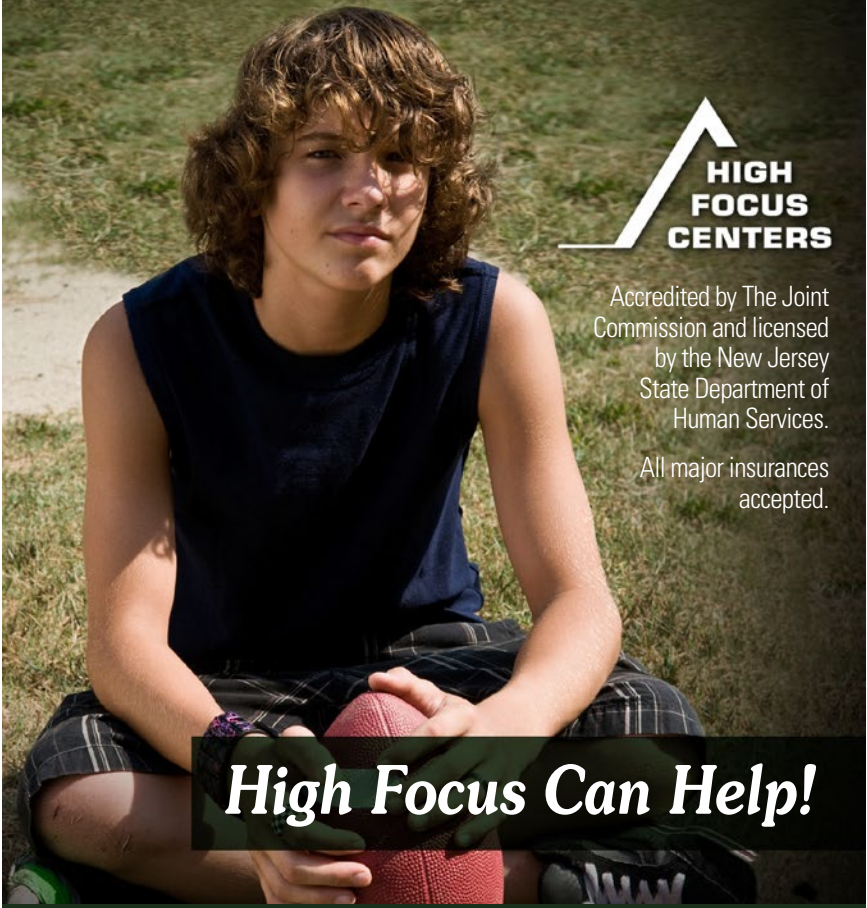
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Jersey Shore PFLAG

Providing **support, education, and advocacy** for LGBT individuals and their families and friends since 2004. We host two monthly support meetings in Monmouth and Ocean counties where people can get the support they need in a safe environment. We also speak at other venues such as schools and other organizations to help students, faculty, and staff with LGBT topics.

Find out more!

Visit our website
JerseyShorePFLAG.org
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Facebook.com/jspflag
Follow us on Twitter
@jspflag

Contact us!

Send us an email
jspflag@gmail.com
Call our hotline
908-814-2155

13th Gender and Sexuality Forum

PFLAG Collingswood is honored to be part of this **AMAZING** event!



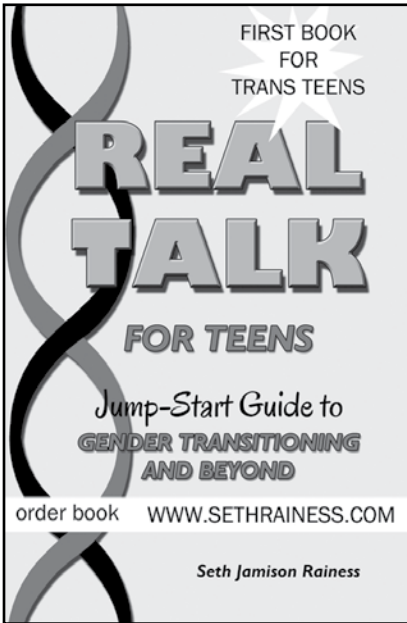
Meets the 4th Monday
of each month at the
Collingswood
Community Center
6:30 - 9:30pm

**A SPECIAL THANK YOU
to GLSEN - Central NJ and HiTops
for their dedication and hard work
all year long!!**

PFLAG offers programming to educate and support families through the coming out and transitioning processes. We are supportive and accepting of anyone anywhere along their journey. We offer differentiated support groups for trans support and LGB support.

**In Southern New Jersey, contact:
pflagcollingswood@gmail.com**

Like our Facebook page!
<https://www.facebook.com/collingswood.pflag>

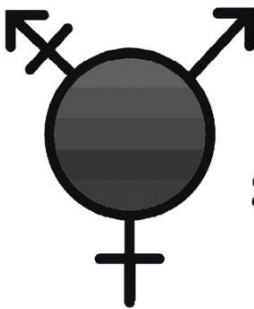


Project REAL

(Real Empowerment
on All Levels)

ProjectRealAP@gmail.com

TRANSMISSIONS



A student group for
trans, non-binary, and
gender non-conforming
folks & their allies

You can contact us at:
rutransmissions@gmail.com



Find us on:
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<https://www.facebook.com/RUtransmissions/>

NOTES

Princeton PFLAG & the Transgender Network (T-NET) are proud to support the important work of HiTOPS & GLSEN CNJ



**Congratulations on the 13th NJ GSA* Forum
Princeton PFLAG**

www.pflagprinceton.org

We support one another, educate the public and advocate for equality

NOTES

NOTES

Acknowledgements

Many thanks to all who have given generously of their time, talents and resources to make the 13th Annual GSA Forum possible

Perth Amboy High School, Teen Pep and GSA, and their advisors

PSE&G, Corporate Citizenship and Culture

GLSEN Youth Summit Grants

New Jersey Education Association

JP Morgan Chase

The Swan Brothers

Sonia Guiñansaca

Megan McCafferty

Pandora Scooter

Richard Green III

HiTops Teen Council, First & Third and TYG

Students, staff, and community members
of our Forum planning committee

The HiTops Staff

GLSEN Central New Jersey

All the authors and publishers for their generous book donations

Our fabulous, inspiring workshop presenters and panelists

Our generous advertisers and vendors

All our magnanimous donors and sponsors

And last but not least a BIG thank you to
all our dedicated volunteers!



The 200,000+ members
of the New Jersey
Education Association
congratulate
GLSEN Central New Jersey
and HiTOPS on the



13th Annual New Jersey **GSA* Forum**



We applaud your work
for safe schools for all.

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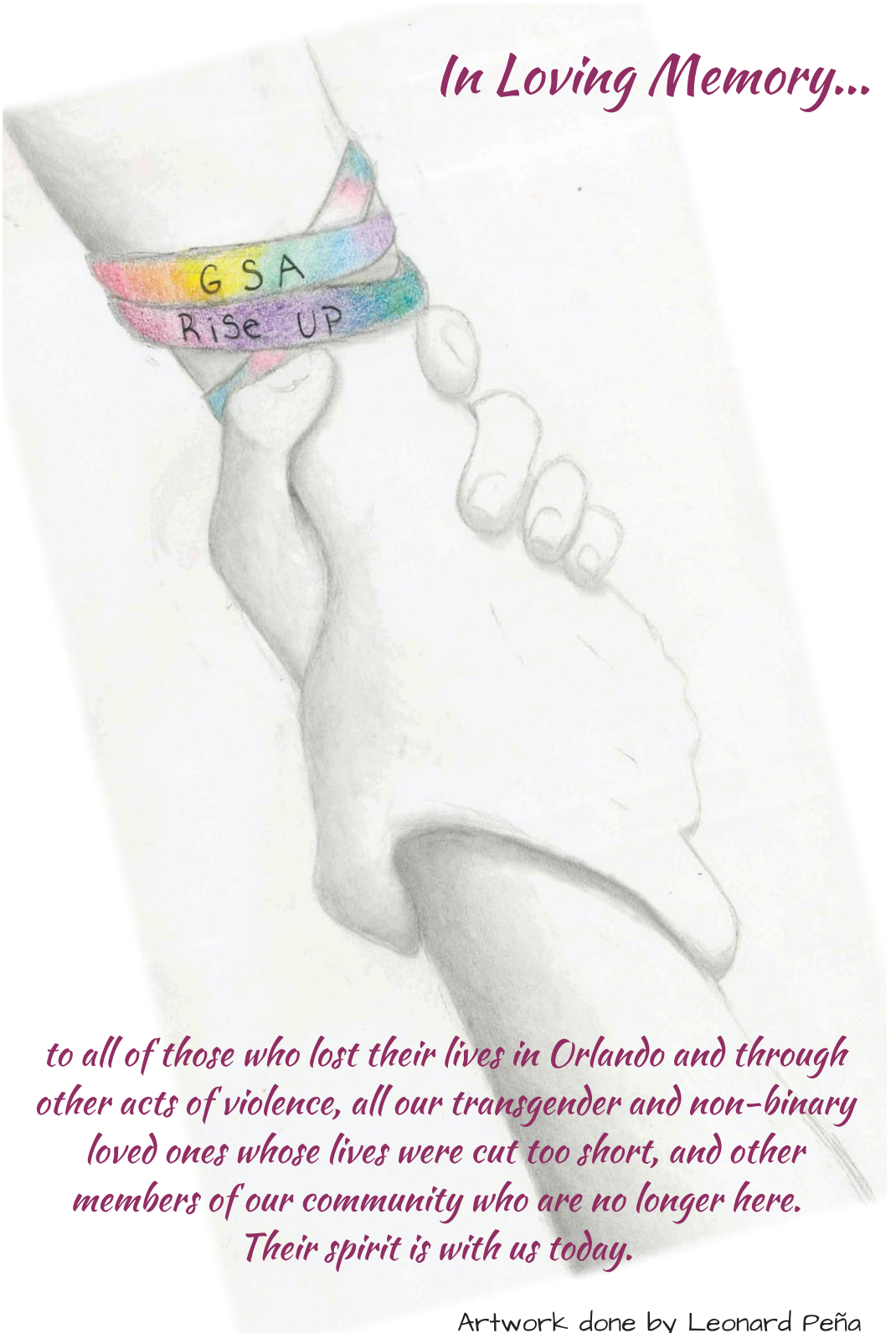
www.pseg.com



PSEG strives for inclusion of employees with diverse backgrounds. Diversity and inclusion drive success across our company, and are an essential part of everything we do, every day.



In Loving Memory...



to all of those who lost their lives in Orlando and through other acts of violence, all our transgender and non-binary loved ones whose lives were cut too short, and other members of our community who are no longer here. Their spirit is with us today.

Artwork done by Leonard Peña



GLSEN Central New Jersey
P.O. Box 261, Hightstown, NJ 08520
609-448-5215, cnj@njlgsen.org
www.glsen.org/centralnj

GLSEN, The Gay, Lesbian and Straight Education Network, strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.

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-  Trans Youth Group
-  LGBTQ Mentoring & Empowerment
-  Health Education and Training
-  Trans Youth Forum: April 2017

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